



Bowmanville YMCA Ontario Early Years Centre

45 Westside Drive, Bowmanville

Phone: 905-697-3171 Ext:301

oeyc.bowmanville@ymcagta.org

www.ymcagta.org

March 2017 Calendar

Important Memo: Please read

To all OEYC/YMCA program participants:

I would like to take this opportunity to remind all families that two of the YMCA's core values are inclusiveness and respect. Any negative comments based on the grounds of race, colour, culture, ethnic origin, gender, sexual orientation, age, disability, family status or any other reason are completely unacceptable. All program participants have the right to feel safe attending programs. If you witness such comments and behaviours, please report it immediately to the program staff.

Children come to OEYC to learn various skills and it is also a learning process for the adults and staff. Remember our children learn problem solving and pro-social skills with adult support and adult role modeling.

Please remember we expect you to uphold the YMCA/OEYC values when attending programs.

Thanking you in advance for ensuring all participants feel welcome, safe and included.

Sincerely,

Jane Thompson

Manager Family Support Programs

YMCA

75 Centennial Rd.

Ajax, Ontario

L15 4S4

Ontario Early Years Centres offer:

- Free programs and services for you and your children
 - Early learning Programs for Parents/Caregivers and their children birth to six years of age
 - Parenting Resources and Training
 - Pre and Post natal resources
- Information about Early Years services in your community
- Lots of opportunities for volunteering

If you have a question about your child's learning, behaviour or health, or want to know how to get information or services for your child age birth to 6 years, please speak with any of our Early Years staff.

OEYC Phone List

Pickering: 905-839-3007

Ajax: 905-619-4565 Ext 310

Whitby: 905-666-4794

Newcastle: 905-987-6914

North Oshawa: 905-434-3831

Port Perry: 905-985-2824

YWCA Oshawa: 905-723-9922

Bowmanville: 905-697-3171 Ext 302

DFRFR Uxbridge: 905-862-3131 Ext 310

Program Descriptions

School Readiness * Registration required*- This program is a registered program that promotes literacy. Each week will have a different language and literacy focus. Children will be developing their language, problem solving, writing, letter recognition, and listening/reading skills.

Mother Goose *Registration required*-This program is a parent child interaction program that will provide you with a variety of new songs, stories and rhymes while you engage with your baby.

Toddler Time *Registration required*- This program is specifically designed to support toddler development. This is a parent- child interactive program with a variety of activities.

Fit Families

This program is a parent and child interactive program. Exercise combined with music, songs and creative movement will help develop co-ordination and motor skills.

Positive Discipline *Registration required*- A parenting program that supports children's development, children's rights and family support.

Bowmanville YMCA OEYC

Phone 905-697-3171 Ext: 301 [email oeyc.bowmanville@ymcagta.org](mailto:oeyc.bowmanville@ymcagta.org) or www.ontarioearlyyears.ca

Registered programs are in bold and underlined, please call to register.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Our Dr. Ross Tilley location will be closed for the March Break from March 13-17. Programs will resume on March 20.</i></p>				
<p>Play to Learn Ages Birth-6years <i>*New!</i>9:45am-11:30am March 6, 20, 27 <i>*No program on March 13th*</i></p> <p><u>School Readiness</u> Ages 3-4 yrs. 1:30pm-3:00pm March 6, 20, 27 <i>*No program on March 13th*</i></p>	<p><u>Mother Goose</u> Ages Birth-12months 1:30pm-3:00pm March 7- April 25 *No program March 14th*</p> <p>Family Night Ages Birth – 6 years 6:00pm-8:00pm March 7, 21, 28 <i>*No program March 14th*</i></p>	<p>Breastfeeding Drop-in Group Mothers supporting Mothers 10:00am-11:30am Facilitated by a Public Health Nurse</p> <p>Centre Closed in P.M. for School Support</p>	<p><u>Toddler Time</u> Ages 16 months – 2.5 years 10:00am-11:30am March 2, 9, 23, 30 *No program March 16th*</p> <p><u>Positive Discipline</u> Ages Birth to 6 years 1:30pm-3:00pm January 12-March 9</p>	<p>Play to Learn Ages Birth-6years <i>*New!</i>9:45am-11:30am March 3, 10, 24, 31 <i>*No program March 17th*</i></p>
<p>Outreach Locations</p>				
<p>S.T. Worden 1462 Nash Rd., Courtice Play to Learn Ages Birth – 6 years 9:30am-11:30am March 6, 20, 27 <i>*No program on March 13th*</i></p> <p>South Courtice Arena 1595 Prestonvale Rd., Courtice Indoor Playground Ages Birth – 6 years 9:30am-11:30am January 9-March 6</p> <p>Courtice Library 2950 Courtice Rd., Courtice Shake Rattle & Roll Ages Birth-6 years 10:30am-11:30am January 9-March 20 <i>*No program March 13 for March Break*</i></p>	<p>Newcastle Library 150 King Ave. E. Musical Babies Ages Birth to 16 months 10:30am-11:30am January 10-March 21 <i>*No program March 14 for March Break*</i></p> <p>Courtice Community Complex 2950 Courtice Rd., Courtice Fit Families Ages Birth - 6 years 9:30am-11:30am January 10-March 7</p> <p>Newcastle Recreation Centre 1780 Rudell Rd., Newcastle Indoor Playground Ages Birth-6 years 9:30am-11:30am January 10-March 7</p>	<p>South Courtice Arena 1595 Prestonvale Rd., Courtice Indoor Playground Ages Birth – 6 years 9:30am-11:30am January 11-March 8</p> <p>Hampton Junior Public School 43 Ormiston St., Hampton Play to Learn Ages Birth – 6 years 9:00am-11:30am March 1-29 <i>*No program March 8 for March Break*</i></p> <p>Courtice Library 2950 Courtice Rd., Courtice Infant and Toddler Mini-Gym Ages Birth to 15 months 2:00pm-3:30pm January 11-March 22 <i>*No program March 15 for March Break*</i></p> <p style="text-align: center;"><i>Registration for the March programs begins February 20th. The April calendar will be out on March 13th.</i></p>	<p>Newcastle Recreation Centre 1780 Rudell Rd., Newcastle Indoor Playground Ages Birth-6 years 9:30am-11:30am January 12-March 9</p> <p>Orono Library 127 Church St., Orono Shake Rattle & Roll Ages Birth-6 years 10:30am-11:30am January 12-March 23 <i>*No program March 16*</i></p> <p>S.T. Worden 1462 Nash Rd., Courtice Play to Learn: Focus on Literacy Ages Birth – 6 years 9:30am-11:30am February 2-23 March 2, 9, 23, 30 <i>*No program March 16th*</i></p> <p>Bowmanville Library 163 Church St., Bowmanville <u>Mother Goose</u> Ages: Birth to 12 months 3:30-4:30 January 19-March 9 Register with library 905-623-7322 x2712</p>	<p>Bowmanville Library 163 Church St., Bowmanville Shake Rattle & Roll 10:30am-11:30am Ages Birth-6 years January 13-March 24 <i>*No program March 17 for March Break*</i></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p style="text-align: center;">Saturdays</p> <p style="text-align: center;">Bowmanville Library 163 Church St., Bowmanville Shake Rattle & Roll Ages Birth–6 years 10:30am-11:30am January 14-March 18</p> </div>