



Bowmanville YMCA Ontario Early Years Centre

45 Westside Drive, Bowmanville

Phone: 905-697-3171 Ext:301

oeyc.bowmanville@ymcagta.org

www.ymcagta.org

February 2017 Calendar

Just a friendly reminder... Please remember to tidy up after yourself and to encourage your children to help you. When children are taught to tidy, they begin the process of developing life long skills

Illness... Please note YMCA policies state that participation in the programs is restricted if any member, (child or adult) is sick. You may return to the program when you are clear of any symptoms or have received antibiotics for 24 hours. Please honor this policy, especially during cold and flu season.

HOT DRINK POLICY For the safety of our children hot drinks are not permitted in the Centre, we appreciate your cooperation.

Allergies... Families are welcome to bring snack into the centre, however, please do not bring foods containing nuts. All foods should be kept at the snack table. Please disinfect the table after use.

Registered programs... Adults and children interact in an environment that enhances and promotes healthy child development. Families are free to explore in the child focused, age appropriate environment.

Activities are designed to be **adult/child interactive**.

Space is limited... You can register by phone or in person. We would appreciate if you could call if you are unable to attend a program.

Younger siblings who are not yet crawling are welcome to attend with their older siblings to all of our registered programs. Unfortunately, we cannot accommodate older siblings during infant and toddler programs.

Ontario Early Years Centres offer:

- Free programs and services for you and your children
 - Early learning Programs for Parents/Caregivers and their children birth to six years of age
 - Parenting Resources and Training
 - Pre and Post natal resources
 - Information about Early Years services in your community
 - Lots of opportunities for volunteering
- If you have a question about your child's learning, behaviour or health, or want to know how to get information or services for your child age birth to 6 years, please speak with any of our Early Years staff.

OEYC Phone List

Pickering: 905-839-3007

Ajax: 905-619-4565 Ext 310

Whitby: 905-666-4794

Newcastle: 905-987-6914

North Oshawa: 905-434-3831

Port Perry: 905-985-2824

YWCA Oshawa: 905-723-9922

Bowmanville: 905-697-3171 Ext 302

DFRFR Uxbridge: 905-862-3131 Ext 310

Program Descriptions

School Readiness * Registration required*- This program is a registered program that promotes literacy. Each week will have a different language and literacy focus. Children will be developing their language, problem solving, writing, letter recognition, and listening/reading skills.

Mother Goose *Registration required*-This program is a parent child interaction program that will provide you with a variety of new songs, stories and rhymes while you engage with your baby.

Toddler Time *Registration required*- This program is specifically designed to support toddler development. This is a parent- child interactive program with a variety of activities.

Fit Families

This program is a parent and child interactive program. Exercise combined with music, songs and creative movement will help develop co-ordination and motor skills.

Positive Discipline *Registration required*- A parenting program that supports children's development, children's rights and family support.

Ready, Set, Grow! * - On February 15th come and join us for this this **FREE** drop in for parents/caregivers of children 0-5 years. Bring your child and ask questions about learning, development and behaviour. **Professionals from agencies will be present.**

Bowmanville YMCA OEYC

Phone 905-697-3171 Ext: 301 [email oeyc.bowmanville@ymcagta.org](mailto:oeyc.bowmanville@ymcagta.org) or www.ontarioearlyyears.ca

Registered programs are in bold and underlined, please call to register.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Play to Learn Ages Birth-6years <i>*New!</i> 9:45am-11:30am February 6, 13, 27</p> <p><u>School Readiness</u> Ages 3-4 yrs. 1:30pm-3:00pm February 6, 13, 27 <i>*Centre closed February 20*</i></p>	<p><u>Mother Goose</u> Ages Birth-12months 1:30pm-3:00pm January 10-February 28</p> <p>Family Night Ages Birth – 6 years 6:00pm-8:00pm February 7-28</p>	<p>Breastfeeding Drop-in Group Mothers supporting Mothers 10:00am-11:30am Facilitated by a Public Health Nurse</p> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> <p>Ready Set Grow! Ages Birth to 6 years 9:30am-1:30pm February 15</p> </div> <p>Centre Closed in P.M. for School Support</p>	<p><u>Toddler Time</u> Ages 16 months – 2.5 years 10:00am-11:30am February 2-23</p> <p><u>Positive Discipline</u> Ages Birth to 6 years 1:30pm-3:00pm January 12-March 2</p>	<p>Play to Learn Ages Birth-6years <i>*New!</i> 9:45am-11:30am February 10-24 <i>*No program February 3 for P.A. Day*</i></p>
Outreach Locations				
<p>S.T. Worden 1462 Nash Rd., Courtice Play to Learn Ages Birth – 6 years 9:30am-11:30am February 6, 13, 27</p> <p>South Courtice Arena 1595 Prestonvale Rd., Courtice Indoor Playground Ages Birth – 6 years 9:30am-11:30am January 9-March 6 <i>*No program February 20*</i></p> <p>Courtice Library 2950 Courtice Rd., Courtice Shake Rattle & Roll Ages Birth-6 years 10:30am-11:30am January 9-March 20 <i>*No program February 20*</i> <i>*No program March 13 for March Break*</i></p> <p>Newcastle Library 150 King St.E. <u>Infant Massage</u> Ages: Birth to 12 months 1:30-2:30 January 16-February 13 Register with library 905-623-7322 x2712</p>	<p>Newcastle Library 150 King Ave. E. Musical Babies Ages Birth to 16 months 10:30am-11:30am January 10-March 21 <i>*No program March 14 for March Break*</i></p> <p>Courtice Community Complex 2950 Courtice Rd., Courtice Fit Families Ages Birth - 6 years 9:30am-11:30am January 10-March 7</p> <p>Newcastle Recreation Centre 1780 Rudell Rd., Newcastle Indoor Playground Ages Birth-6 years 9:30am-11:30am January 10-March 7</p>	<p>South Courtice Arena 1595 Prestonvale Rd., Courtice Indoor Playground Ages Birth – 6 years 9:30am-11:30am January 11-March 8</p> <p>Hampton Junior Public School 43 Ormiston St., Hampton Play to Learn Ages Birth – 6 years 9:00am-11:30am January 11-25</p> <p>Courtice Library 2950 Courtice Rd., Courtice Infant and Toddler Mini-Gym Ages Birth to 15 months 2:00pm-3:30pm January 11-March 22 <i>*No program March 15 for March Break*</i></p> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> <p style="text-align: center;"><i>Registration for the February programs begins January 23rd. The March calendar will be out on February 21st.</i></p> </div>	<p>Newcastle Recreation Centre 1780 Rudell Rd., Newcastle Indoor Playground Ages Birth-6 years 9:30am-11:30am January 12-March 9</p> <p>Orono Library 127 Church St., Orono Shake Rattle & Roll Ages Birth-6 years 10:30am-11:30am January 12-March 23 <i>*No program March 16*</i></p> <p>S.T. Worden 1462 Nash Rd., Courtice Play to Learn: Focus on Literacy Ages Birth – 6 years 9:30am-11:30am February 2-23</p> <p>Bowmanville Library 163 Church St., Bowmanville <u>Mother Goose</u> Ages: Birth to 12 months 3:30-4:30 January 19-March 9 Register with library 905-623-7322 x2712</p>	<p>Bowmanville Library 163 Church St., Bowmanville Shake Rattle & Roll 10:30am-11:30am Ages Birth-6 years January 13-March 24 <i>*No program March 17 for March Break*</i></p> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> <p style="text-align: center;">Saturdays Bowmanville Library 163 Church St., Bowmanville Shake Rattle & Roll Ages Birth–6 years 10:30am-11:30am January 14-March 18 <i>*No program February 18 for Family Day Long Weekend*</i></p> </div>

