



CANNABINOID HYPEREMESIS SYNDROME

Cannabinoid Hyperemesis Syndrome (CHS) is a condition experienced by frequent cannabis users which is characterized by the following symptoms.¹



Nausea



Stomach Pain
and Discomfort



Vomiting



These symptoms stop when a person stops using cannabis¹

People with CHS may take hot showers very often to get relief from these symptoms. The hot water redirects pain sensors to the surface of the skin.¹

CHS was recognized as a medical condition in 2016.² With increased accessibility to high-potency THC products, the prevalence of CHS may be on the rise.^{3,4} It is common for people with CHS to be misdiagnosed or under-diagnosed as a result of CHS being relatively uncommon and having many mimics, such as Cyclical Vomiting Syndrome.²

Understanding CHS still requires further research, but these are some of the possible underlying causes of the condition¹

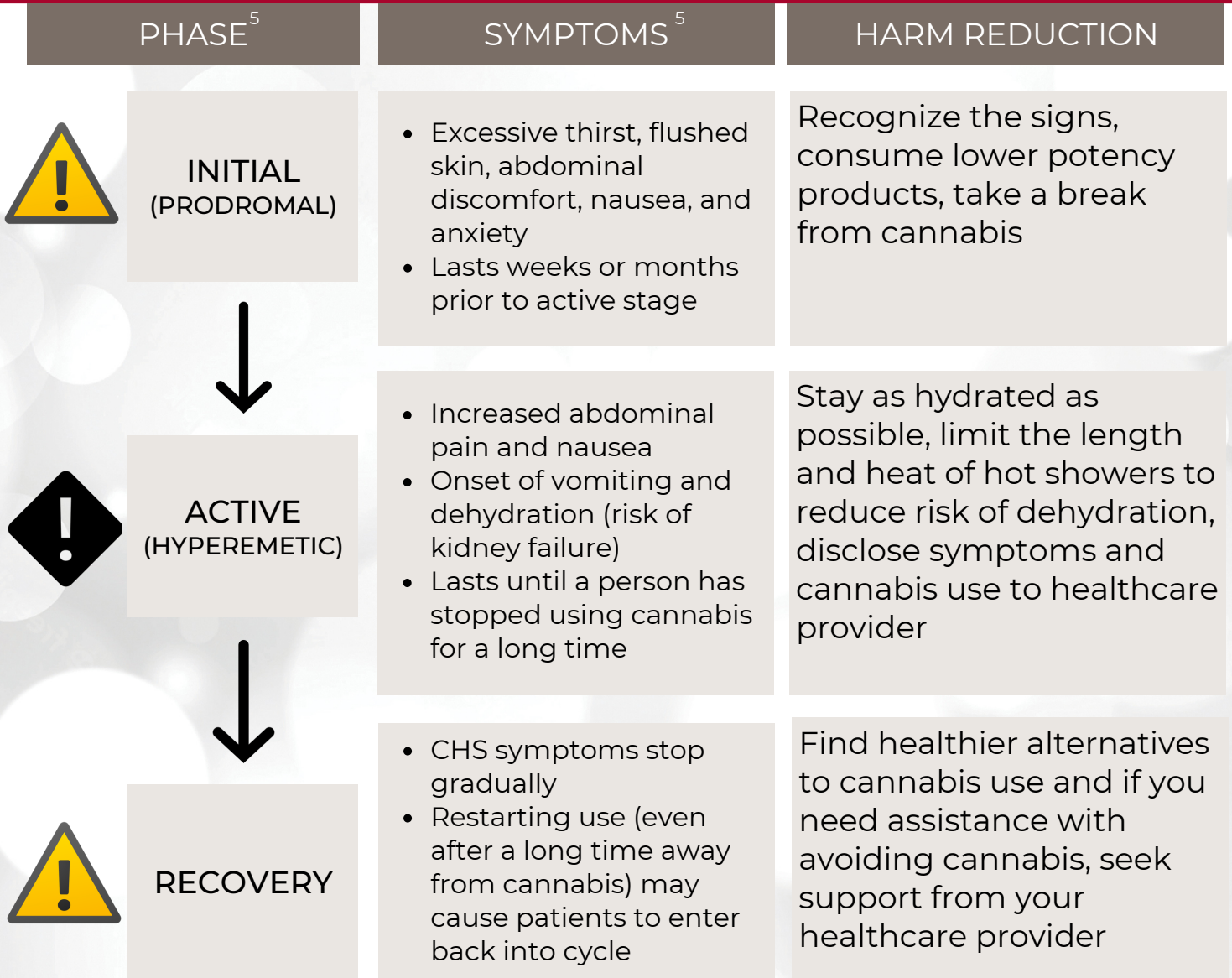
Genes which cause certain people to be prone to toxic build-up of cannabis-derived chemicals, which causes nausea

Overstimulation of receptors by cannabis compounds causes nausea

Chronic cannabis use turns off nausea-reducing receptors

It is widely agreed upon that frequent cannabis use (at least once a week) for a long time can trigger CHS.¹⁻⁴ Therefore, it is vital for people to disclose their cannabis use to their healthcare provider if they show any CHS symptoms.

RECOGNIZE THE STAGES OF CHS



References

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