

March 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please bring your indoor shoes to programs.</p>	<p>Centre's capacity: 60 people When capacity is reached, a stop sign will appear on the door and no more may enter.</p>	<p>To request a copy of our calendar email us or visit our website.</p>	<p>¹ <u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am <u>Music and Literacy</u> Birth-6 years 2:00-3:30 pm</p>	<p>² <u>Preschool Time</u> 2.5-6 years 9:30-11:30 am</p>	<p>³ <u>Dad, Grandpa, Uncle and Me</u> Birth-6 years 9:15 -11:15 am <u>Family Fun</u> Birth-6 years 12:30-2:00 pm</p>
<p>⁵ <u>Family Fun</u> "Self Help Skills" Birth-6 years 9:30-11:30 am <u>My Baby and Me</u> Birth-12 months 2:00-3:30 pm</p>	<p>⁶ <u>*Transition to Parenting Group</u> <u>*Tiny Toes (1)</u> Registered Program Birth-12 months 2:00-3:30 pm <u>Family Fun</u> Birth-6 years 4:30-7:00 pm</p>	<p>⁷ <u>*ABC</u> All Babies Count 10:00am-12:00pm <u>Family Fun</u> Birth-6 years 2:00-3:30 pm</p>	<p>⁸ <u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am <u>Music and Literacy</u> Birth-6 years 2:00-3:30 pm</p>	<p>⁹ <u>Preschool Time</u> 2.5-6 years 9:30-11:30 am</p>	<p>¹⁰ <u>Dad, Grandpa, Uncle and Me</u> Birth-6 years 9:15 -11:15 am <u>Family Fun</u> Birth-6 years 12:30-2:00 pm</p>
<p>¹² <u>Family Fun</u> "Self Help Skills" Birth-6 years 9:30-11:30 am <u>Early Literacy Specialist visit</u> <u>My Baby and Me</u> Birth-12 months 2:00-3:30 pm</p>	<p>¹³ <u>*Transition to Parenting Group</u> <u>*Tiny Toes (2)</u> Registered Program Birth-12 months 2:00-3:30 pm <u>Family Fun</u> Birth-6 years 4:30-7:00 pm</p>	<p>¹⁴ <u>*ABC</u> All Babies Count 10:00am-12:00pm <u>Family Fun</u> Birth-6 years 2:00-3:30 pm</p>	<p>¹⁵ <u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am <u>Music and Literacy</u> Birth-6 years 2:00-3:30 pm</p>	<p>¹⁶ <u>Preschool Time</u> 2.5-6 years 9:30-11:30 am</p>	<p>¹⁷ <u>Dad, Grandpa, Uncle and Me</u> Birth-6 years 9:15 -11:15 am <u>Family Fun</u> Birth-6 years 12:30-2:00 pm</p>
<p>¹⁹ <u>Family Fun</u> <u>Iranian New Year Celebration</u> Birth-6 years 9:30-11:30 am <u>My Baby and Me</u> Birth-12 months 2:00-3:30 pm</p>	<p>²⁰ <u>*Transition to Parenting Group</u> <u>*Tiny Toes (3)</u> Registered Program Birth-12 months 2:00-3:30 pm <u>Family Fun</u> Birth-6 years 4:30-7:00 pm</p>	<p>²¹ <u>*ABC</u> All Babies Count 10:00am-12:00pm <u>Family Fun</u> Birth-6 years 2:00-3:30 pm</p>	<p>²² <u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am <u>Music and Literacy</u> Birth-6 years 2:00-3:30 pm</p>	<p>²³ <u>Preschool Time</u> 2.5-6 years 9:30-11:30 am</p>	<p>²⁴ <u>Dad, Grandpa, Uncle and Me</u> Birth-6 years 9:15 -11:15 am <u>Librarian Visit</u> <u>Family Fun</u> Birth-6 years 12:30-2:00 pm</p>
<p>²⁶ <u>Family Fun</u> "Self Help Skills" Birth-6 years 9:30-11:30 am <u>My Baby and Me</u> Birth-12 months 2:00-3:30 pm</p>	<p>²⁷ <u>*Transition to Parenting Group</u> <u>*Tiny Toes (4)</u> Registered Program Birth-12 months 2:00-3:30 pm <u>Family Fun</u> Birth-6 years 4:30-7:00 pm</p>	<p>²⁸ <u>*ABC</u> All Babies Count 10:00am-12:00pm <u>Family Fun</u> Birth-6 years 2:00-3:30 pm</p>	<p>²⁹ <u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am <u>Music and Literacy</u> Birth-6 years 2:00-3:30 pm</p>	<p>³⁰ Centre Closed Good Friday</p>	<p>³¹ Centre Closed</p>



Child and Family Centre

<u>My Baby and Me Time</u>	Monday 2:00–3:30 pm	Birth–12 months
This program is for parents and caregivers with children birth to 12 months and will include the opportunity to network as well as time for engaging in songs, rhymes and activities.		
<u>Transition to Parenting Group</u>	Tuesday 10:00 am–12:00 pm	
The TTP is designed as an educational and support group for perinatal women and their families adjusting to the transition to parenthood and or coping with Perinatal Mood Disorder, such as an anxiety or depression. This program provides opportunities to increase parents’ confidence, knowledge of PMD, share experiences and connect with people who have had similar situations. To register call Health Connection at 1-800-361-5653.		
<u>Tiny Toes</u>	Tuesday 2:00–3:30 pm	Birth–12 months
Tiny Toes provides opportunities for parents to enhance bonding and attachment with their babies through moving to a variety of music, including songs from different parts of the world. Families will participate in fun physical activities with songs and materials to promote physical literacy in their children. A baby carrier is strongly recommended for this program.		
Registration: Email us at earlyon.oakridges@ymcagta.org starting Monday, Thursday February 22 nd Please include – first & last names, membership numbers and child’s birthdate <u>Any email prior to Thursday, February 22nd will not be accepted. Confirmation email will be sent by Thursday March 1st</u>		
<u>ABC- All Babies Count</u>	Wednesday 10:00–12:00 pm	
ABC is a FREE weekly prenatal nutrition program funded by the Public Health Agency of Canada for women who need extra support during their pregnancy. To register call 1-877-516-3715		
<u>Toddlers Exploring</u>	Thursday 9:30–11:00 am	13–30 months
During the Toddlers Exploring program participants will have the opportunity to engage in a variety of activities. Language and early literacy skills will be encouraged through the use of rhymes, songs, activities and stories.		
<u>Music and Literacy</u>	Thursday 2:00–3:30 pm	Birth–6 years
The Music and Literacy program is for parents/caregivers and their children to experience a variety of songs, rhymes and musical activities that promote children’s language and early literacy skills.		
<u>Preschool Time</u>	Friday 9:30–11:30 am	2.5–6 years
The Preschool Time program enhances and promotes healthy child development. Adults and children are free to explore in an age-appropriate, play-based learning environment.		
<u>Dad, Grandpa, Uncle and Me</u>	Saturday 9:15–11:15 am	Birth–6 years
This program is only for children, birth to six years and a male figure in their life. Our goal is to provide a comfortable environment for the <u>men</u> to build a special one on one bond with their child as well as to network together with other men. Activities may include arts and crafts, music, movement, science and discovery.		
<u>Family Fun “Play to Learn, Learn to Play”</u>		Birth–6 years
This program is designed to encourage quality interactions between you and your child from birth to 6 years, as well as providing the parent/caregiver opportunities to network and share with other adults. You and your child will have many opportunities to explore and learn through a play-based environment. The activities provided are child-focused and age-appropriate. “By being involved together, adults and children get interested in each other’s activities and learn to communicate. Play nurtures sharing and growth.” FRP Canada.		

Hot Drinks Policy

Hot drinks is not permitted in programs. This is a Health and Safety regulation being enforced by the department of Child and Family Development.

Illness Policy

If you or your child is displaying symptoms of illness, please return to the centre when symptoms have resolved or at least 24 hours after taking an antibiotics. Thank you for keeping our centre safe.