






January 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Centre Closed</p> 	<p>2</p> <p><u>Family Fun</u> Birth-6 years 9:30-11:30 am</p> <p><u>Family Fun</u> Birth-6 years 2:00-3:30 pm</p> <p>**No evening program</p>	<p>3</p> <p><u>Family Fun</u> Birth-6 years 9:30-11:30 am</p> <p><u>Family Fun</u> Birth-6 years 2:00-3:30 pm</p>	<p>4</p> <p><u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am</p> <p><u>Music and Movement</u> Birth-6 years 2:00-3:30 pm</p>	<p>5</p> <p><u>Preschool Time</u> 2.5-6 years 9:30-11:30 am</p>	<p>6</p> <p><u>Dad, Grandpa, Uncle and Me</u> Birth-6 years 9:15 -11:15 am</p> <p><u>Family Fun</u> Birth-6 years 12:30-2:00 pm</p>
<p>8</p> <p><u>Family Fun</u> "Loose Parts" Birth-6 years 9:30-11:30 am</p> <p>Early Literacy Specialist Visit</p> <p><u>My Baby and Me</u> Birth-12 months 2:00-3:30 pm</p>	<p>9</p> <p><u>Transition to Parenting Group</u> To register call Health Connection at 1-800-361-5653</p> <p><u>Tiny Toes (1)</u> Birth-12 months 2:00-3:30 pm</p> <p><u>Family Fun</u> Birth-6 years 4:30-7:00 pm</p>	<p>10</p> <p><u>ABC</u> All Babies Count Prenatal Nutrition program. To register call 1-877-516-3715</p> <p><u>Family Fun</u> Birth-6 years 2:00-3:30 pm</p>	<p>11</p> <p><u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am</p> <p><u>Music and Movement</u> Birth-6 years 2:00-3:30 pm</p>	<p>12</p> <p><u>Preschool Time</u> 2.5-6 years 9:30-11:30 am</p> 	<p>13</p> <p><u>Dad, Grandpa, Uncle and Me</u> Birth-6 years 9:15 -11:15 am</p> <p>Librarian Visit</p> <p><u>Family Fun</u> Birth-6 years 12:30-2:00 pm</p>
<p>15</p> <p><u>Family Fun</u> "Loose Parts" Birth-6 years 9:30-11:30 am</p> <p><u>My Baby and Me</u> Birth-12 months 2:00-3:30 pm</p>	<p>16</p> <p><u>Transition to Parenting Group</u> To register call Health Connection at 1-800-361-5653</p> <p><u>Tiny Toes (2)</u> Birth-12 months 2:00-3:30 pm</p> <p><u>Family Fun</u> Birth-6 years 4:30-7:00 pm</p>	<p>17</p> <p><u>ABC</u> All Babies Count Prenatal Nutrition program. To register call 1-877-516-3715</p> <p><u>Family Fun</u> Birth-6 years 2:00-3:30 pm</p>	<p>18</p> <p><u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am</p> <p><u>Music and Movement</u> Birth-6 years 2:00-3:30 pm</p>	<p>19</p> <p><u>Preschool Time</u> 2.5-6 years 9:30-11:30 am</p>	<p>20</p> <p><u>Dad, Grandpa, Uncle and Me</u> Birth-6 years 9:15 -11:15 am</p> <p><u>Family Fun</u> Birth-6 years 12:30-2:00 pm</p>
<p>22</p> <p><u>Family Literacy Day Celebration</u> Birth-6 years 10:00am-12:00pm</p> <p><u>My Baby and Me</u> Birth-12 months 2:00-3:30 pm</p>	<p>23</p> <p><u>Transition to Parenting Group</u> To register call Health Connection at 1-800-361-5653</p> <p><u>Tiny Toes (3)</u> Birth-12 months 2:00-3:30 pm</p> <p><u>Family Fun</u> Birth-6 years 4:30-7:00 pm</p>	<p>24</p> <p><u>ABC</u> All Babies Count Prenatal Nutrition program. To register call 1-877-516-3715</p> <p><u>Family Fun</u> Birth-6 years 2:00-3:30 pm</p>	<p>25</p> <p><u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am</p> <p><u>Music and Movement</u> Birth-6 years 2:00-3:30 pm</p>	<p>26</p> <p><u>Preschool Time</u> 2.5-6 years 9:30-11:30 am</p> 	<p>27</p> <p><u>Dad, Grandpa, Uncle and Me</u> Birth-6 years 9:15 -11:15 am</p> <p><u>Family Fun</u> Birth-6 years 12:30-2:00 pm</p>
<p>29</p> <p><u>Family Fun</u> "Loose Parts" Birth-6 years 9:30-11:30 am</p> <p><u>My Baby and Me</u> Birth-12 months 2:00-3:30 pm</p> <p>12/11/17</p>	<p>30</p> <p><u>Transition to Parenting Group</u> To register call Health Connection at 1-800-361-5653</p> <p><u>Tiny Toes (4)</u> Birth-12 months 2:00-3:30 pm</p> <p><u>Family Fun</u> Birth-6 years 4:30-7:00 pm</p>	<p>31</p> <p><u>ABC</u> All Babies Count Prenatal Nutrition program. To register call 1-877-516-3715</p> <p><u>Family Fun</u> Birth-6 years 2:00-3:30 pm</p>	<p>Please bring your indoor shoes to programs</p> 		<p>Our centre's capacity is a maximum of 60 bodies.</p> <p>When capacity is reached, a stop sign will appear on the door and no more may enter.</p> 

To request a copy of our calendar email us @ oeyc.oakridges@ymcagta.org
 Or visit <https://ymcagta.org/child-care/family-support-programs>

My Baby and Me Time**Monday 2:00–3:30 pm****Birth–12 months**

This program is for parents and caregivers with children birth to 12 months and will include the opportunity to network as well as time for engaging in songs, rhymes and activities.

Transition to Parenting Group**Tuesday 10:00 am–12:00 pm**

The TTP is designed as an educational and support group for perinatal women and their families adjusting to the transition to parenthood and or coping with Perinatal Mood Disorder, such as an anxiety or depression. This program provides opportunities to increase parents' confidence, knowledge of PMD, share experiences and connect with people who have had similar situations.

To register call Health Connection at 1-800-361-5653.

Tiny Toes**Tuesday 2:00–3:30 pm****Birth–12 months**

Tiny Toes provides opportunities for parents to enhance bonding and attachment with their babies through moving to a variety of music, including songs from different parts of the world.

Families will participate in fun physical activities with songs and materials to promote physical literacy in their children. A baby carrier is strongly suggested for this program.

4 weeks drop in program. Maximum 15 families.

Maryam Najafi <marble62n@yahoo.com> January 9, 16, 23, 30

Toddlers Exploring**Thursday 9:30–11:00 am****13–30 months**

During the Toddlers Exploring program participants will have the opportunity to engage in a variety of activities. Language and early literacy skills will be encouraged through the use of rhymes, songs, activities and stories.

Music and Movement**Thursday 2:00–3:30 pm****Birth–6 years**

Music and Movement program is to introduce children and their family to music with body movement. An opportunity to explore, experiment and discover through music with movement based activities. Participating in activities is a chance to help develop self-esteem, social skills, and language skills, large and fine motor skills.

Preschool Time**Friday 9:30–11:30 am****2.5–6 years**

The Preschool Time program enhances and promotes healthy child development. Adults and children are free to explore in an age-appropriate, play-based learning environment.

Dad, Grandpa, Uncle and Me**Saturday 9:15–11:15 am****Birth–6 years**

This program is only for children, birth to six years and a male figure in their life. Our goal is to provide a comfortable environment for the men to build a special one on one bond with their child as well as to network together with other men. Activities may include arts and crafts, music, movement, science and discovery.

Family Fun “Play to Learn, Learn to Play”**Birth–6 years**

This program is designed to encourage quality interactions between you and your child from birth to 6 years as well as, providing the parent/caregiver opportunities to network and share with other adults. You and your child will have many opportunities to explore and learn through a play-based environment. The activities provided are child-focused and age-appropriate.

“By being involved together, adults and children get interested in each other’s activities and learn to communicate. Play nurtures sharing and growth.” FRP Canada.

Family Literacy Day

Family Literacy Day® is a national awareness initiative created by ABC Life Literacy Canada in 1999 and held annually on January 27 to raise awareness of the importance of reading and engaging in other literacy-related activities as a family.

Taking time every day to read or do a learning activity with children is crucial to a child’s development, improving a child’s literacy skills dramatically, and can help a parent improve their skills as well.

www.FamilyLiteracyDay.ca

Join us on Monday, January 22nd when our Early Literacy Specialist will come and celebrate

**Family Literacy Day
10:00am-12:00pm**

**Hot Drinks Policy**

Hot drinks is not permitted in any YMCA Ontario Early Years programs, including outreach locations. This is a Health and Safety regulation being enforced by the department of Child and Family Development.

Illness Policy

If **you** or **your** child is displaying symptoms of illness, please return to the centre when symptoms have resolved or at least 24 hours after taking an antibiotics. Thank you for keeping our centre safe.

