



Child and Family Centre

YMCA of Greater Toronto

# EarlyON Centre Calendar of Events-February 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Centre's capacity: <b>60 people</b> When capacity is reached, a stop sign will appear on the door and no more may enter.		<sup>1</sup> <u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am  <u>Music and Movement</u> Birth-6 years 2:00-3:30 pm	<sup>2</sup> <u>Preschool Time</u> 2.5-6 years 9:30-11:30 am	<sup>3</sup> <u>Dad, Grandpa, Uncle and Me</u> Birth-6 years 9:15 -11:15 am  <u>Family Fun</u> Birth-6 years 12:30-2:00 pm
<sup>5</sup> <u>Family Fun</u> "Self Help Skills" Birth-6 years 9:30-11:30 am <u>My Baby and Me</u> Birth-12 months 2:00-3:30 pm	<sup>6</sup> <b>*Transition to Parenting Group</b> <u>Tiny Toes (1)</u> Birth-12 months 2:00-3:30 pm  <u>Family Fun</u> Birth-6 years 4:30-7:00 pm	<sup>7</sup> <b>*ABC</b> All Babies Count 10:00am-12:00pm  <u>Family Fun</u> Birth-6 years 2:00-3:30 pm	<sup>8</sup> <u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am  <u>Music and Movement</u> Birth-6 years 2:00-3:30 pm	<sup>9</sup> <u>Preschool Time</u> 2.5-6 years 9:30-11:30 am	<sup>10</sup> <u>Dad, Grandpa, Uncle and Me</u> Birth-6 years 9:15 -11:15 am  <u>Family Fun</u> Birth-6 years 12:30-2:00 pm
<sup>12</sup> <u>Family Fun</u> "Self Help Skills" Birth-6 years 9:30-11:30 am <u>My Baby and Me</u> Birth-12 months 2:00-3:30 pm	<sup>13</sup> <b>*Transition to Parenting Group</b> <u>Tiny Toes (2)</u> Birth-12 months 2:00-3:30 pm  <u>Family Fun</u> Birth-6 years 4:30-7:00 pm	<sup>14</sup> <b>*ABC</b> All Babies Count 10:00am-12:00pm  <u>Family Fun</u> Birth-6 years 2:00-3:30 pm	<sup>15</sup> <u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am  <u>Music and Movement</u> Birth-6 years 2:00-3:30 pm	<sup>16</sup> <u>Preschool Time</u> 2.5-6 years 9:30-11:30 am	<sup>17</sup> <u>Centre Closed</u>
<sup>19</sup> <u>Centre Closed</u>	<sup>20</sup> <b>*Transition to Parenting Group</b> <u>Tiny Toes (3)</u> Birth-12 months 2:00-3:30 pm  <u>Family Fun</u> Birth-6 years 4:30-7:00 pm	<sup>21</sup> <b>*ABC</b> All Babies Count 10:00am-12:00pm  <u>Family Fun</u> Chinese New Year Celebration Birth-6 years 2:00-3:30 pm	<sup>22</sup> <u>Toddlers Exploring</u> 13-30 months 9:30-11:00 am  <u>Music and Movement</u> Birth-6 years 2:00-3:30 pm	<sup>23</sup> <u>Preschool Time</u> 2.5-6 years 9:30-11:30 am	<sup>24</sup> <u>Dad, Grandpa, Uncle and Me</u> Birth-6 years 9:15 -11:15 am <u>Librarian Visit</u>  <u>Family Fun</u> Birth-6 years 12:30-2:00 pm
<sup>26</sup> <u>Family Fun</u> "Self Help Skills" Birth-6 years 9:30-11:30 am <u>My Baby and Me</u> Birth-12 months 2:00-3:30 pm	<sup>27</sup> <b>*Transition to Parenting Group</b> <u>Tiny Toes (4)</u> Birth-12 months 2:00-3:30 pm  <u>Family Fun</u> Birth-6 years 4:30-7:00 pm	<sup>28</sup> <b>*ABC</b> All Babies Count 10:00am-12:00pm  <u>Family Fun</u> Birth-6 years 2:00-3:30 pm	Programs marked * Require pre-registration	To request a copy of our calendar email us @ <a href="mailto:earlyon.oakridges@ymcagta.org">earlyon.oakridges@ymcagta.org</a> Or visit our website	



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<b><u>My Baby and Me Time</u></b>	<b>Monday 2:00–3:30 pm</b>	<b>Birth–12 months</b>
This program is for parents and caregivers with children birth to 12 months and will include the opportunity to network as well as time for engaging in songs, rhymes and activities.		
<b><u>Transition to Parenting Group</u></b>	<b>Tuesday 10:00 am–12:00 pm</b>	
The TTP is designed as an educational and support group for perinatal women and their families adjusting to the transition to parenthood and or coping with Perinatal Mood Disorder, such as an anxiety or depression. This program provides opportunities to increase parents’ confidence, knowledge of PMD, share experiences and connect with people who have had similar situations. To register call Health Connection at 1-800-361-5653.		
<b><u>Tiny Toes</u></b>	<b>Tuesday 2:00–3:30 pm</b>	<b>Birth–12 months</b>
Tiny Toes provides opportunities for parents to enhance bonding and attachment with their babies through moving to a variety of music, including songs from different parts of the world. Families will participate in fun physical activities with songs and materials to promote physical literacy in their children. A baby carrier is strongly recommended for this program. 4 weeks drop in program. Maximum 15 families.		
<b><u>ABC- All Babies Count</u></b>	<b>Wednesday 10:00–12:00 pm</b>	
ABC is a FREE weekly prenatal nutrition program funded by the Public Health Agency of Canada for women who need extra support during their pregnancy. To register call 1-877-516-3715		
<b><u>Toddlers Exploring</u></b>	<b>Thursday 9:30–11:00 am</b>	<b>13–30 months</b>
During the Toddlers Exploring program participants will have the opportunity to engage in a variety of activities. Language and early literacy skills will be encouraged through the use of rhymes, songs, activities and stories.		
<b><u>Music and Movement</u></b>	<b>Thursday 2:00–3:30 pm</b>	<b>Birth–6 years</b>
Music and Movement program is to introduce children and their family to music with body movement. An opportunity to explore, experiment and discover through music with movement based activities. Participating in activities is a chance to help develop self-esteem, social skills, and language skills, large and fine motor skills.		
<b><u>Preschool Time</u></b>	<b>Friday 9:30–11:30 am</b>	<b>2.5–6 years</b>
The Preschool Time program enhances and promotes healthy child development. Adults and children are free to explore in an age-appropriate, play-based learning environment.		
<b><u>Dad, Grandpa, Uncle and Me</u></b>	<b>Saturday 9:15–11:15 am</b>	<b>Birth–6 years</b>
This program is only for children, birth to six years and a male figure in their life. Our goal is to provide a comfortable environment for the <u>men</u> to build a special one on one bond with their child as well as to network together with other men. Activities may include arts and crafts, music, movement, science and discovery.		
<b><u>Family Fun “Play to Learn, Learn to Play”</u></b>		<b>Birth–6 years</b>
This program is designed to encourage quality interactions between you and your child from birth to 6 years, as well as providing the parent/caregiver opportunities to network and share with other adults. You and your child will have many opportunities to explore and learn through a play-based environment. The activities provided are child-focused and age-appropriate. “By being involved together, adults and children get interested in each other’s activities and learn to communicate. Play nurtures sharing and growth.” FRP Canada.		

**Hot Drinks Policy**

Hot drinks is not permitted in programs. This is a Health and Safety regulation being enforced by the department of Child and Family Development.

**Illness Policy**

If you or your child is displaying symptoms of illness, please return to the centre when symptoms have resolved or at least 24 hours after taking an antibiotics. Thank you for keeping our centre safe.