



# March 2018

EarlyON Child and Family Centre Bowmanville

45 Westside Drive

Bowmanville, ON L1C 4Y8

Phone: 905-697-3171 Email: [earlyon.bowmanville@ymcagta.org](mailto:earlyon.bowmanville@ymcagta.org) Website: [www.ymcagta.org/child-care/family-support-programs](http://www.ymcagta.org/child-care/family-support-programs)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>**to register please e-mail**</b>  <b>Earlyon.bowmanville@ymcagta.org</b>            The April 2018 calendar will be available on <b>Monday, March 19<sup>th</sup></b>. Registration for April programs will begin on <b>Monday, March 26<sup>th</sup></b>. Registration will be accepted by phone, email or in person. Space is limited. Registration begins at <b>9:00 a.m.</b>            The Bowmanville EarlyOn Child and Family Centre reserves the right to cancel a program due to low registration. The calendar may not reflect these changes.</p> <p><b>Indoor Shoe Policy:</b> During the winter months, please make sure that you and your children have a pair of indoor shoes. To follow school guidelines, participants must always be prepared to exit in case of a fire drill.</p>						
Centre Closed	Play to Learn Birth to 6 Years 9:30 am – 11:30 am  <b>Mother Goose</b> <b>Ages Birth to 12 Months</b> <b>1:30 pm – 3:00 pm</b> <b>New program</b>  Play to Learn Birth to 6 Years 3:30 pm-4:30 pm	Play to Learn Birth to 6 years 9:30 am – 11:30 am  <b>Mother Goose</b> <b>Ages Birth to 12 Months</b> <b>1:30 pm – 3:00 pm</b> <b>Last class</b>  Family Night Ages Birth to 6 Years 6:00 pm – 8:00 pm	Breastfeeding Drop-in 10:00 am – 11:30 am Facilitated by Public Nurse  <b>Infant Massage</b> <b>Birth to 12 Months</b> <b>1:30 pm – 3:00 pm</b>  Infant Play to Learn Birth to 12 Months 3:30 pm– 4:30 pm	Focus on Toddlers Ages 16 Months to 2.5 years 9:30 am -11:30 am  <b>Read with Me</b> <b>Birth to 12 months</b> <b>1:30 pm - 3:00 pm</b>  Infant Play to Learn Birth to 12 months 3:30 pm – 4:30 pm	Play to Learn 9:30 am – 11:30 am Birth to 6 years  <b>Please visit Newcastle EarlyON</b> 1:30 pm- 3:30 pm	Play to Learn Birth to 6 years 9:30 am -11:30 am
Centre Closed	March Break Music and Dance Extravaganza Birth to 6 Years 9:30 am– 11:30 am  Play to Learn Birth to 6 Years 1:30 pm-4:30 pm	March Break Teddy Bear Picnic Birth to 6 years 9:30 am – 11:30 am (bring your teddy bear)  Play to Learn Birth to 6 years 1:30 pm – 3:30 pm  Family Night Ages Birth to 6 Years <b>(no program)</b>	Breastfeeding Drop-in 10:00 am -11:30 am Facilitated by Public Nurse  <b>Infant Massage</b> <b>Birth to 12 Months</b> <b>1:30 pm – 3:00 pm</b>  Infant Play to Learn Birth to 12 Months 3:30 pm– 4:30 pm	March Break Dinosaur Adventure 9:30 am – 11:30 am Birth to 6 years  <b>Read with Me</b> <b>Birth to 12 months</b> <b>1:30 pm - 3:00 pm</b>  Infant Play to Learn Birth to 12 months 3:30 pm – 4:30 pm	March Break Beach Party 9:30 am – 11:30 am Birth to 6 years  <b>Please visit Newcastle EarlyOn</b> Play to Learn Birth to 6 years 1:30 pm – 3:30 pm	<b>Please join us in Newcastle</b> Play to Learn Birth to 6 years 9:30 am – 11:30 am
Centre Closed	Play to Learn Birth to 6 Years 9:30 am– 11:30 am  <b>Mother Goose</b> <b>Ages Birth to 12 Months</b> <b>1:30 pm – 3:00 pm</b>  Play to Learn Birth to 6 Years 3:30 pm-4:30 pm	Play to Learn Birth to 6years 9:30 am – 11:30 am  <b>Positive Discipline In Everyday Parenting</b> <b>Birth to 6 years</b> <b>(child minding available)</b> <b>1:30 -3:30 pm</b> <b>(8 sessions)</b>  Family Night Ages Birth to 6 Years 6:00 pm – 8:00 pm	Breastfeeding Drop-in 10:00 am – 11:30 am Facilitated by Public Nurse  <b>Infant Massage</b> <b>Birth to 12 Months</b> <b>1:30 pm – 3:00 pm</b>  Infant Play to Learn Birth to 12 Months 3:30 pm– 4:30 pm	Focus on Toddlers Ages 16 Months to 2.5 Years 9:30 am – 11:30 am  <b>Read with Me</b> <b>Birth to 12 months</b> <b>1:30 pm - 3:00 pm</b>  Infant Play to Learn Birth to 12 months 3:30 pm – 4:30 pm	Play to Learn 9:30 am – 11:30 am Birth to 6 years  Play to Learn Birth to 6 years 1:30 pm – 3:30 pm	<b>Please join us in Newcastle</b> Play to learn Birth to 6 years 9:30 am-11:30 am
Centre Closed	Play to Learn Birth to 6 Years 9:30 am– 11:30 am  <b>Mother Goose</b> <b>Ages Birth to 12 Months</b> <b>1:30 pm – 3:00 pm</b>  Play to Learn Birth to 6 Years 3:30 pm-4:30 pm	Play to Learn Birth to 6years 9:30 am – 11:30 am  <b>Positive Discipline In Everyday Parenting</b> <b>Birth to 6 years</b> <b>(child minding available)</b> <b>1:30 -3:30 pm</b>  Family Night Ages Birth to 6 Years 6:00 pm – 8:00 pm	Breastfeeding Drop-in 10:00 am – 11:30 am Facilitated by Public Nurse  <b>Infant Massage</b> <b>Birth to 12 Months</b> <b>1:30 pm – 3:00 pm</b>  Infant Play to Learn Birth to 12 Months 3:30 pm– 4:30 pm	Focus on Toddlers Ages 16 Months to 2.5 Years 9:30 am – 11:30 am  <b>Read with Me</b> <b>Birth to 12 Months</b> <b>1:30 pm – 3:00 pm</b>  Infant Play to Learn Birth to 12 Months 3:30 pm– 4:30 pm	<b>Centre Closed for Good Friday</b>	<b>Please join us in Newcastle</b> Play to learn Birth to 6 years 9:30 am-11:30 am  <b>Centre Closed</b> <b>Monday April 2nd</b>

## Outreach Calendar

### What is outreach all about?

EarlyOn Centres offer outreach programs and services to as many families as possible in the community. We find innovative ways to connect with hard-to-reach families. We actively seek out families and children who could benefit from our services and from other early year's services in the community.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Bowmanville</b>			Indoor Playground Birth to 6 Years Garnet B. Rickard Recreation Complex 2440 Highway 2 9:30 am-11:30 am March 6 <sup>th</sup> only		<b>Baby and Me Yoga</b> Pre-Crawlers Bowmanville Library 163 Church St 3:30 pm – 4:30 pm February 15 <sup>th</sup> -March 15 <sup>th</sup> Register with library at 905-623-7322	Musical Families Birth to 6 Years Bowmanville Library 163 Church St. 10:30 am-11:30 am March 2, 9, 23 <sup>rd</sup> (40 maximum per session)  <b><u>Trip to Fire Station</u></b> <b>2430 Hwy2</b> <b>Bowmanville</b> <b>Please register as</b> <b>there is a capacity)</b> <b>March 16th</b>	
<b>Hampton</b>				Indoor Playground Birth to 6 Years Hampton Junior P.S. 43 Ormiston St., Hampton 9:00 am – 11:30 am (no program March Break)			
<b>Courtice</b>		Play to Learn S.T Worden P.S. 1462 Nash Rd Birth to 6 Years 9:30 am – 11:30 pm (no program March Break)  Indoor Playground Birth to 6 Years South Courtice Arena 1595 Prestonvale Rd 9:30 am -11:30 am March 5 <sup>th</sup> only  Shake, Rattle & Roll Birth to 6 Years Courtice Library 2950 Courtice Rd. 10:30-11:30 pm & 1:30-2:30pm March 5 <sup>th</sup> & 19 <sup>th</sup>  (40 maximum per session)	Play to Learn S.T Worden P.S. 1462 Nash Rd. Birth to 6 Years 9:30 am – 11:30 pm (no program March Break)  <b><u>Trip to Fire Station</u></b> <b>10:00-11:00 am</b> <b>2611 Trulls Rd</b> <b>Courtice</b> <b>(please register as</b> <b>there is a capacity)</b> <b>March 13th</b>	Play to Learn S.T Worden P.S. 1462 Nash Rd. Birth to 6 Years 9:30 am – 11:30 pm 1:30 pm-4:30 pm (no program March Break)  Indoor Playground Birth to 6 Years South Courtice Arena 1595 Prestonvale Rd 9:30 am-11:30 am Program March 1st 8th only  <b><u>Mother Goose</u></b> <b>Stories &amp; Songs</b> Birth to 12 Months Courtice Library 2950 Courtice Rd 1:30 pm – 3:00 pm January 17 <sup>th</sup> -March 7 <sup>th</sup> Register with library at 905-404-0707	Play to Learn S.T Worden P.S. 1462 Nash Rd. Birth to 6 Years 9:30 am – 11:30 pm (no program March Break)		

### Program Descriptions

Active supervision is an expectation of parents/caregivers during all programs.

Please note that **BOLDED** and **UNDERLINED** programs require registration. If you have any further questions, please feel free to connect with any YMCA Ontario Early Years staff member for more information.

<b><u>Positive Discipline</u></b>	<b><u>Read with Me</u></b>
A parenting program that supports children's development, children's rights and family support. Child minding is available. The program is 8 sessions.	This is an early literacy that introduces babies and their families to the world of books. Join us for this fun session where we will read stories, share songs and make baby a homemade book. (Birth -12 months)
<b><u>Focus on Toddlers</u></b>	<b><u>Play to Learn</u></b>
This interactive program enhances and promotes healthy child development by providing age specific activities focusing on social, intellectual, physical, and emotional skills. Each week, parents/caregivers and their toddlers will have the opportunity to participate in a variety of activities and crafts based on holiday themes.	Play to Learn is a drop-in program designed to encourage quality interactions between adults and children. This program is open to children birth to six years and their caregivers to play and learn together. Family Time occurs during Play to Learn where children over the age of seven can accompany a sibling aged birth to six years.
<b><u>Infant Massage</u></b>	
This program provides the opportunity to learn the benefits of massage as well as relaxation techniques to use with your infant. This session is taught by a certified infant massage instructor. *Registration Required*	

**Please note, as of January 1, 2018, we have been rebranded. Our new name is Bowmanville EarlyON Child and Family Centre.**