



February 2018

Bowmanville EarlyON Child and Family Centre

45 Westside Drive

Bowmanville, ON L1C 4Y8

Phone: 905-697-3171 Email: earlyon.bowmanville@ymcagta.org Website: www.ymcagta.org/child-care/family-support-programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>**to register please e-mail** Earlyon.bowmanville@ymcagta.org The March 2018 calendar will be available on Tuesday February 20th Registration for January programs will begin on Monday February 26th. Registration will be accepted by phone, email or in person. Space is limited. Registration begins at 9:00 a.m. The Bowmanville EarlyOn Child and Family Centre reserves the right to cancel a program due to low registration. The calendar may not reflect these changes.</p>				1	2	3
4	5	6	7	8	9	10
Centre Closed	Play to Learn Birth to 6 Years 9:30 am – 11:30 am <u>Make and Take:</u> <u>Homemade Books and Games</u> Ages Birth to 6 Years 1:30 pm – 3:00 pm Play to Learn Birth to 6 Years 3:30 pm-4:30 pm	Play to Learn Birth to 6 years 9:30 am – 11:30 am <u>Mother Goose</u> Ages Birth to 12 Months 1:30 pm– 3:00 pm Family Night Ages Birth to 6 Years 6:00 pm – 8:00 pm	Breastfeeding Drop-in 10:00 am – 11:30 am Facilitated by Public Nurse <u>Infant Massage</u> Birth to 12 Months 1:30 pm – 3:00 pm Infant Play to Learn Birth to 12 Months 3:30 pm– 4:30 pm	Focus on Toddlers Ages 16 Months to 2.5 Years 9:30 am – 11:30 am <u>Read with Me</u> Ages Birth to 12 months 1:30 pm – 3:00 pm Infant Play to Learn Birth to 12 months 3:30 pm – 4:30 pm	Play to Learn 9:30 am – 11:30 am Birth to 6 years Play to learn 1:30 pm to 3:30 pm Birth to 6 years	Play to Learn Birth to 6 years 9:30 am – 11:30 am
11	12	13	14	15	16	17
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18	19	20	21	22	23	24
Centre Closed	Centre Closed for Family Day	Play to Learn Birth to 6years 9:30 am – 11:30 am <u>Mother Goose</u> Ages Birth to 12 Months 1:30 pm– 3:00 pm Family Night Ages Birth to 6 Years 6:00 pm – 8:00 pm	Breastfeeding Drop-in 10:00 am – 11:30 am Facilitated by Public Nurse <u>Infant Massage</u> Birth to 12 Months 1:30 pm – 3:00 pm Infant Play to Learn Birth to 12 Months 3:30 pm– 4:30 pm	Focus on Toddlers Ages 16 Months to 2.5 Years 9:30 am – 11:30 am <u>Read with Me</u> Ages Birth to 12 months 1:30 pm – 3:00 pm Infant Play to Learn Birth to 12 months 3:30 pm – 4:30 pm	Play to Learn 9:30 am – 11:30 am Birth to 6 years Play to Learn Birth to 6 years 1:30 pm – 3:30 pm	Please join us in Newcastle Play to learn Birth to 6 years 9:30 am-11:30 am
25	26	27	28	Indoor Shoe Policy: During the winter months, please make sure that you and your children have a pair of indoor shoes. To follow school guidelines, participants must always be prepared to exit in case of a fire drill. Please note; As of January 1, 2018, we have been rebranded. Our new name is Bowmanville EarlyON Child and Family Centre.		
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Outreach Calendar

What is outreach all about?

EarlyOn Centres offer outreach programs and services to as many families as possible in the community. We find innovative ways to connect with hard-to-reach families. We actively seek out families and children who could benefit from our services and from other early year's services in the community.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bowmanville			Indoor Playground Birth to 6 Years Garnet B. Rickard Recreation Complex 2440 Highway 2 9:30 am-11:30 am January 9 th -March 6 th		Baby and Me Yoga Pre-Crawlers Bowmanville Library 163 Church St 3:30 pm – 4:30 pm January 11 th -February 8 th February 15 th -March 15 th Register with library at 905-623-7322	Musical Families Birth to 6 Years Bowmanville Library 163 Church St. 10:30 am-11:30 am January 12 th -January 26 th (40 maximum per session)	
Hampton				Indoor Playground Birth to 6 Years Hampton Junior P.S. 43 Ormiston St., Hampton 9:00 am – 11:30 am			
Courtice		Play to Learn S.T Worden P.S. 1462 Nash Rd Birth to 6 Years 9:30 am – 11:30 pm February 5 th -26 th Indoor Playground Birth to 6 Years South Courtice Arena 1595 Prestonvale Rd 9:30 am -11:30 am January 8 th -March 5 th Shake, Rattle & Roll Birth to 6 Years Courtice Library 2950 Courtice Rd. 10:30-11:30 pm & 1:30-2:30pm January 8 th -March 23 rd (40 maximum per session)	Play to Learn S.T Worden P.S. 1462 Nash Rd. Birth to 6 Years 9:30 am – 11:30 pm February 6 th -27 th Math is Fun 2.5 – 6 Years Courtice Library 2950 Courtice Rd. 2:00 pm – 3:00 pm February 13, 20 and 27 th Register with library at 905-404-0707	Play to Learn S.T Worden P.S. 1462 Nash Rd. Birth to 6 Years 9:30 am – 11:30 pm 1:30 pm-4:30 pm February 7 th -28 th Indoor Playground Birth to 6 Years South Courtice Arena 1595 Prestonvale Rd 9:30 am-11:30 am January 10 th -March 7 th Mother Goose Stories & Songs Birth to 12 Months Courtice Library 2950 Courtice Rd 1:30 pm – 3:00 pm January 17 th -March 7 th Register with library at 905-404-0707	Play to Learn S.T Worden P.S. 1462 Nash Rd. Birth to 6 Years 9:30 am – 11:30 pm February 8 th -March 1 st		

Program Descriptions

Active supervision is an expectation of parents/caregivers during all programs.

Please note that **BOLDED** and UNDERLINED programs require registration. If you have any further questions, please feel free to connect with any YMCA Ontario Early Years staff member for more information.

<u>Mother Goose</u>	<u>Read with Me</u>
This program is a parent child interactive program that will provide you with a variety of songs, stories and rhymes while you engage with your baby.	This is an early literacy that introduces babies and their families to the world of books. Join us for this fun session where we will read stories, share songs and make baby a homemade book. (Birth -12 months)
<u>Focus on Toddlers</u>	<u>Make and Take</u>
This interactive program enhances and promotes healthy child development by providing age specific activities focusing on social, intellectual, physical, and emotional skills. Each week, parents/caregivers and their toddlers will have the opportunity to participate in a variety of activities and crafts based on holiday themes.	This is an interactive parent and child program. Your child will have the opportunity to create a variety of books and games. * Registration Required
<u>Infant Massage</u>	<u>Play to Learn</u>
This program provides the opportunity to learn the benefits of massage as well as relaxation techniques to use with your infant. This session is taught by a certified infant massage instructor. *Registration Required*	Play to Learn is a drop-in program designed to encourage quality interactions between adults and children. This program is open to children birth to six years and their caregivers to play and learn together. Family Time occurs during Play to Learn where children over the age of seven can accompany a sibling aged birth to six years.